

The simplicity of MijnGezondheid.net

As a Stroomz patient, you have access to MijnGezondheid.net.

Easily arranged

MijnGezondheid.net provides a quick and easy way to manage healthcare needs. With this online portal, you have 24/7 access to your medication information. You can easily make online appointments with your Stroomz GP and it's also possible to send a message, including attachments, to your Stroomz GP and/or pharmacy. It couldn't be easier!

Questions?

Visit www.mijngezondheid.net for answers to frequently asked questions. You can also direct your question(s) to your Stroomz GP and/or pharmacy.

Need more information about healthcare in the Netherlands?

Please visit our website at www.stroomz.nl/for-internationals.

Easily manage your healthcare online with

MijnGezondheid.net

The portal for online communication with your Stroomz GP and/or pharmacy


Stroomz





zorgmakers
in beweging

What does MijnGezondheid.net offer?

MijnGezondheid.net offers:

Access to your medical files

- Access to information about health problems
- Access to your medication
- Access to laboratory results (only in Dutch)

Insight into your medication

- Apply for medication
- Printing medication passport
- Intake alarm (only in Dutch MedGemak-app)

Online contact: you can ask (medical) questions to your Stroomz GP and/or pharmacy

Make an appointment with your Stroomz GP

How to log in?

Sign up for MijnGezondheid.net

To start with the digital portal MijnGezondheid.net, you need to sign up for your account. Follow the instructions below:

1. Go to www.mijngezondheid.net/login
2. Login with your DigiD with text message or with the DigiD app
3. Accept the conditions and privacy declaration
4. You have completed your registration. Now you can use the digital portal MijnGezondheid.net

MedGemak-app

The digital portal MijnGezondheid.net is linked to the app MedGemak. MedGemak-app is an addition to the portal. To secure



Easily
arrange your
healthcare
online

safety, you will link your account of the MedGemak-app to your DigiD and the patientsportal MijnGezondheid.net. Thereafter, it is possible to log on in the app with a 5-digit code. It is that simple!

Your privacy is important
MijnGezondheid.net is connected to DigiD. MijnGezondheid.net does not have access to your DigiD

credentials. Only DigiD can validate these credentials. This allows you to communicate safely via MijnGezondheid.net with your Stroomz GP and/or pharmacy.

“Doesn't matter if I am at home or on the road, I can arrange my healthcare with MijnGezondheid.net whenever it suits me.”